

ENGLISH TRANSLATION

Chapter : 12

12.1-8. *Vānarī Vaṭī (Bājīkarī)*

Take *ātmagupta phala* (dried and without husk) in eight *pala* quantity and *māṣaphala* in eight *pala* quantity, grind both together with water and prepare their fine paste. Also take *keśara*, *nāga keśara*, *jātī patri*, *śatāvarī*, *gokṣuru*, *ikṣuraka bīja*, *lavaṅga*, *kṛṣṇa marica* and *śṛṅgāṭakaphala* each in one *karṣa* quantity and prepare their fine powder. Mix this powder in the above paste properly and prepare their balls of one *karṣa* (about 12 gms) size, allow these to dry. Then fry these in three *prastha* (2400 gms.) *ghee*. On cooling dip these in a pot filled with three *prastha* (2400 gms.) *mākṣika* (honey), close the mouth of the pot filled with honey and balls and keep it for three days in a calm place. After three days use one ball daily in the morning mixed with *ghee* and honey for 35 (thirty five) days continuously. During this therapy use sweet food in day time and milk and rice at night time. Avoid *kṣāra* and *amla padārthas* in the diet. As a result of this therapy even the neutral gender person (impotent persons) or the persons who have completely lost sexual power and desire may develop high sexual desire and may satisfy hundreds of women sexually in one night. And those who have no issues (children) may get (produce) many male childs. Even the *ṣaṅḍha* persons (impotent persons) may perform sexual acts like a normal young man. This compound is well experienced and tried. This truth is mentioned here (1-8).

12.9-11. *Śatāvaryādi Vājīkaro'lehaḥ - 1*

Take *śatāvarī* and *ksīra vidārī* half *prastha* (about 400 gms.) each separately, take the juice of *śālmalī mūla madhya* in one *prastha* (about 800 ml.) and half *āḍhaka* (3 kg. 200 gm.) *sitā* (sugar), mix all well and apply heat with mild fire stirring continuously. On attaining a stage of *darvī pralepa* (semi-solid) add the powders of *tvak*, *tejapatra*, *elā* and *nāgakeśara* all mixed in one *pala* (50 gms) quantity i.e. on stoping heat mix the above mentioned *prakṣepa* drugs properly and allow it to cool. On cooling add honey in four *pala* quantity. Use it daily in the morning in one *karṣa* (about 12 gms.) dose (9-11).

12.12-13. Śringātakadi Vājīkaro' valehaḥ - 2

Take fine powders of *śringāṭaka* and *vārāhī kanda* each in one *pala* (about 50 gms.) quantity, fry it in *ghee* (5 *palas*). Put it in ten parts (10 *palas*-500 ml.) milk with equal part of *sitā* (sugar). Now heat it on mild fire till it turns into *leha* form. Also add the powders of *lavaṅga*, *pippalī*, *agaru*, and *nāgakeśara* each taken in one *pala* quantity. Use it daily in the morning in one *karṣa* dose (about 12 gms) with milk. It stimulates *kāma* (sex) and on account of its effect man can enjoy sex with ladies like a *caṭaka* bird means very frequently (12-13).

12.14-15. Kāma Dīptikara Vājīkaro'valehaḥ - 3

Take *śatāvarī*, *gokṣura*, *darbhāmūla*, *śringāṭaka*, *nāgabālā* and *ātma-guptā bīja* each in one *pala* quantity and prepare their fine powder. Put these in ten parts milk (60 *palas* about 4 lt. milk) and also add 10 *palas* of sugar. Heat it till attaining *leha* form. On cooling add honey also and then use it internally in one *karṣa* dose. It stimulates *kāmāgni* (sexual desire) within half *yāma* of its use, it also stimulates the process of spermatogenesis. It quickly stimulates digestive fire as well as sexual power (14-15).

12.16-20. Māsādi Vājīkaro'valahaḥ - 4

Take new *māṣa* (black grams) and *ātma-guptā bīja* each in one *āḍhaka* (6 kg. –400 gms.) quantity, also take *jīvaka*, *riṣabhaka*, *jīvantī*, *medā*, *bṛddhi*, *śatāvarī*, *madhūka* and *aśvagandhā* each in one *prasṛta* (2 *palas*) quantity. Prepare a decoction of the above drugs. Add one *prasṛta ghee*, ten times cow's milk, one *prasṛta vidārī svarasa* and one *prasṛta ikṣurasa*. It is then applied heat on mild fire till *leha* form is achieved, also add sugar, *vaṃśalocana* powder and honey each in 4 *palas* amount. In the end add one *pala pippalī* powder as *prakṣepa*. It may be used internally in one *karṣa* dose in the morning as previously and then use food if a person desires unlimited amount of semen production and the strength/hardness of the penis to its best state (16-20).