

Transit of Sun through **Seasonal Nakṣatras** and its importance for **Indian Chronology**

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Outline of the talk

(~20 slides in ~40 minutes)

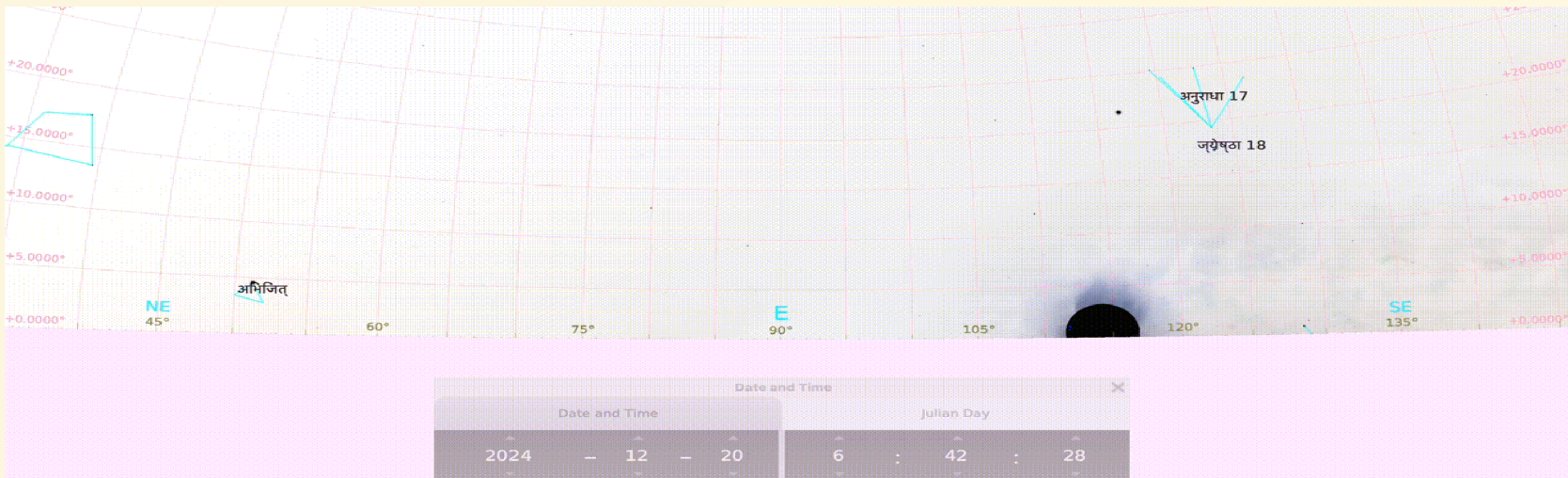
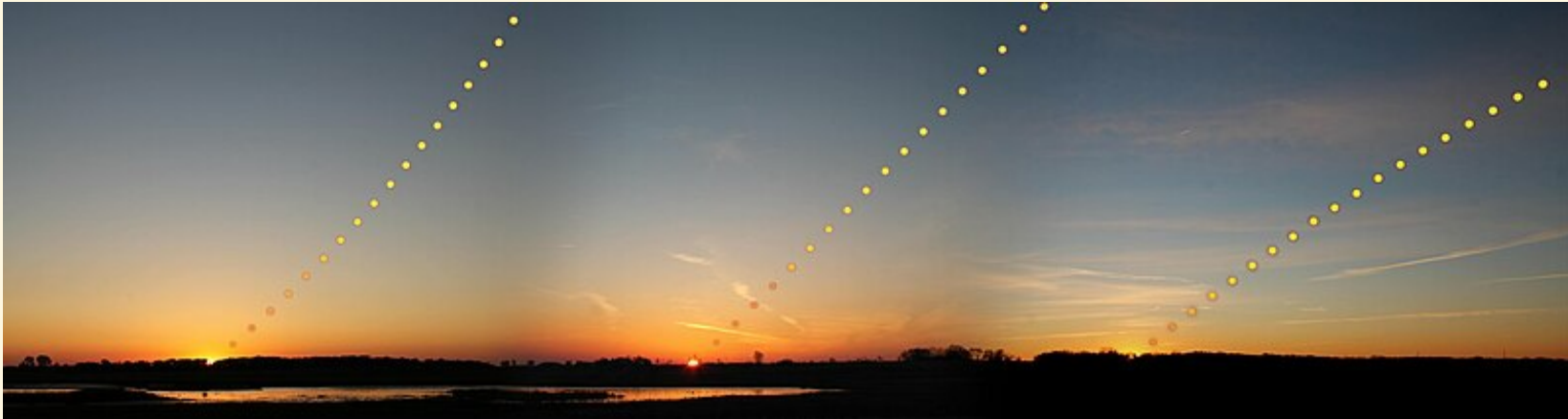
Topic	Info	Slides	Minutes
Basics of the Sun's rhythms	Ayanas, Ṛtus, Nakṣatras, Drift of the rtus	6	10
The Maghādi/dakṣināyaṇa epoch	Brahmāṇḍa Purāṇa(BP), Maitrāyaṇīya Āraṇyaka Upaniṣat(MAU), Nidānasūtra(NS) passages	5	10
The Śraviṣṭhādi/uttarāyaṇa epoch	Vṛddagārgīya Jyotiṣa(VGJ) / Ādityachāra and Parāśharatantra(PT) passages	4	5
The Śravaṇādi/uttarāyaṇa epoch	VGJ/59 Ṛtusvabhāva	3	5
Gist and Q&A		2	10

Basics - ayanas, ṛtus, nakṣatras, drift of ṛtus

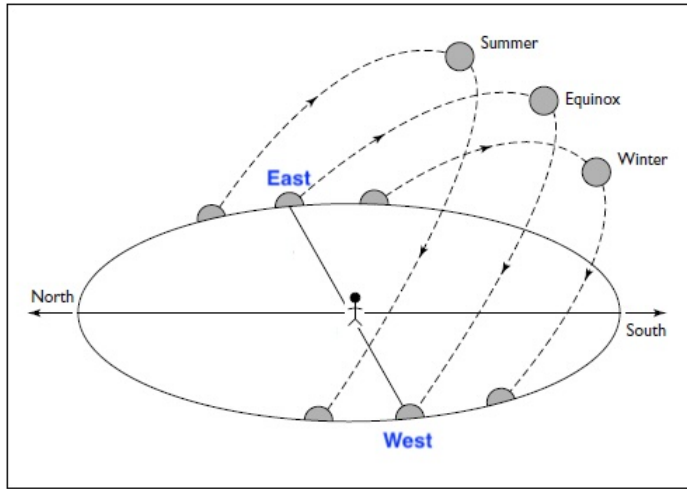
Observing the Sun's rhythms

The **Sun** rises in the ~~east~~ **eastern horizon** and sets in the ~~west~~ **western horizon**

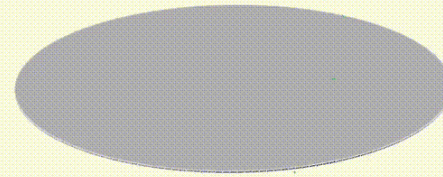
Season	Sunrise	Sunset
End-Summer	north-eastern horizon	north-western horizon
Mid-Spring/Autumn	exact east	exact west
Start-Winter	south-eastern horizon	south-western horizon



Annual Sunpath



- Video of ~2 minutes shows
- Sun's daily path for few evenly spaced days through the year
- The contrast between the summer and winter paths can be seen
- The contrast between the Bangalore and Kurukshetra paths can be seen

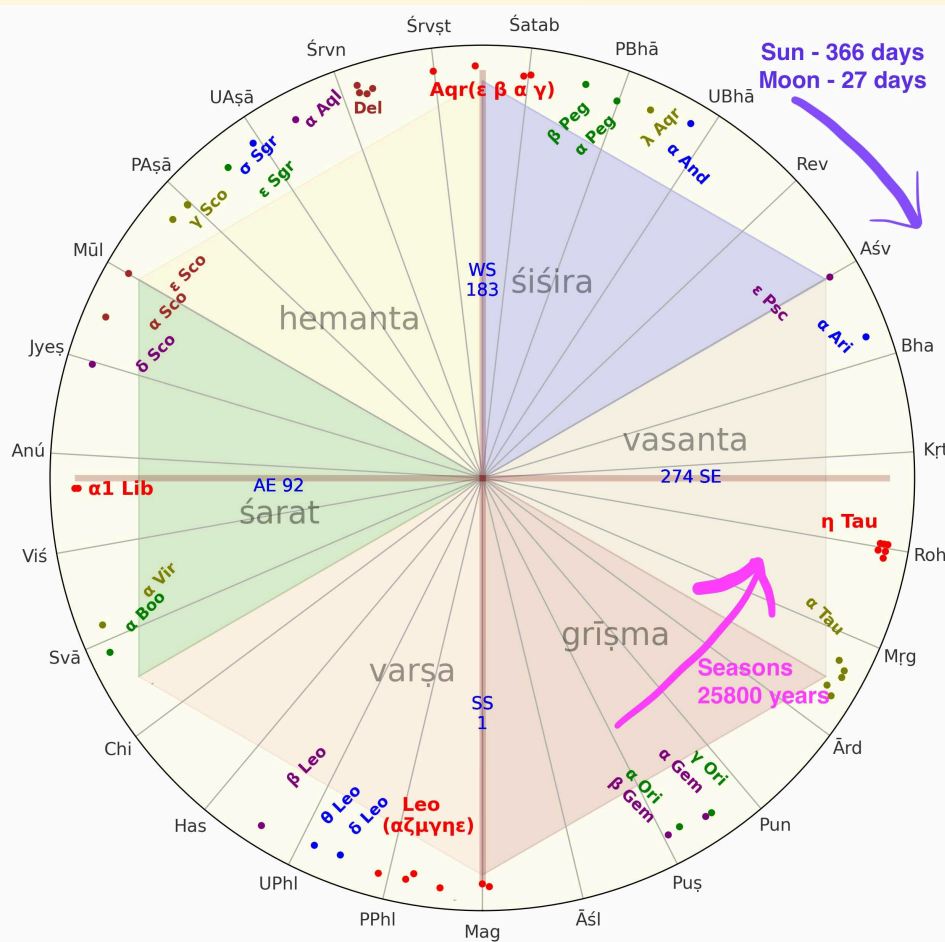


The Sun, Rtu and Nakṣatras

- Video of ~1½ minutes shows
- **Per year sun covers**
 - 2 ayanas
 - 6 ṛtu-s
 - 27 nakṣatra-s
 - Rtu-s & nakṣatra-s are associated
- **Over millenia,**
 - the nakṣatra-s drift slowly due to precession
 - This change is used to date the ancient texts

The Sun's Transit through the Seasons and Nakṣatras

Nakṣatra solar zodiac



#	Nakṣatra	Star Count					Astrograph	Constituent Stars	Proxy Star (Author's)	Abhyankar's Yogatara
		VGJ	PT	AVP	SKA	SCP*				
1	Kṛttikā	6	6	6	6	6	Knife/Cleaver	(17, 19, 20, 23, 27, η) Tau	η Tau	η Tau
2	Rohiṇī	5	5	1	5	5	Cart	(α, γ, δ1, ε, θ2) Tau	α Tau	α Tau
3	Mrgāśira	3	3	3	3	3	Deer's Head	(α, γ, λ) Ori	λ Ori	λ Ori
4	Ārdrā	1	1	1	1	1	Bāhuḥ (Arm) Red Dot*	(γ) Gem	γ Gem	γ Gem
5	Punarvasu	2	2	2	2	5	Balance*	(α, β) Gem	β Gem	β Gem
6	Puṣya	1	1	1	3	3	Śārāva (Pot-lid)*	(δ) Cnc	δ Cnc	δ Cnc
7	Āśleṣā	6	6	6	1	6	Snake Head Flag*	(δ, ε, ζ, η, ρ, σ) Hya	ζ Hya	ζ Hya
8	Maghā	6	6	6	5	7	Enclosure	(α, γ1, ε, ζ, η, μ) Leo	ζ Leo	α Leo
9	P Phalgunī	2	2	2	2	2	Half-chair	(δ, θ) Leo	δ Leo	δ Leo
10	U Phalgunī	2	2	2	2	2	Half-chair	(93, β) Leo	β Leo	β Leo
11	Hasta	5	5	5	5	5	Hasta (hand)	(α, β, γ, δ, ε) Crv	δ Crv	γ Crv
12	Citrā	1	1	1	1	1	Madhupūṣpa (Flower)*	(α) Vir	α Vir	α Vir
13	Svātī	1	1	1	1	1	Kilaka (Wedge)*	(α) Boo	α Boo	α Boo
14	Viśākhā	2	2	2	2	5	Divider Rope*	(α1, α2) Lib	α2 Lib	α Lib
15	Anūrādhā	4	4	4	4	5	Necklace	(β1, δ, π, ω1) Sco	δ Sco	δ Sco
16	Jyēṣṭhā	3	3	1	3	3	Elephant Tusk*	(α, ε, σ, (τ)) Sco	ε Sco	α Sco
17	Mūla	6	2	7	7	1	Root Scorpion Tail*	(ζ2, θ, ι1, κ, λ, ν) Sco	κ Sco	λ Sco
18	P Aṣādhā	4	4	4	4	4	Gajavikrama (Elephant Step)*	(γ, δ, ε, λ) Sgr	λ Sgr	δ Sgr
19	U Aṣādhā	4	4	4	4	4	Simhanisadya (Lion seat)*	(ζ, σ, τ, φ) Sgr	τ Sgr	σ Sgr
**	Abhijit	-	3	1	3	3	Gośirṣāvali*	(?) Vega	-	α Aql
20	Śravaṇa	3	3	3	3	3	Ear Yavamadhya (Barleyseed)1	(α, β, γ) Aql	α Aql	β Del
21	Dhanīṣṭhā	4	5	5	4	5	Śakuni-pañjara (Bird cage)*	(α, β, γ2, δ) Del	β Del	β Aqr
22	Śatabhiṣak	1	1	1	1	100	Puṣpapaścāra (Flower Boquet)*	(λ) Aqr	λ Aqr	α PsA
23	P Proṣṭāpada	2	2	2	2	2	Cow's Foot	(α, β) Peg	α Peg	α Peg
24	U Proṣṭāpada	2	2	2	2	2	Cow's Foot	(γ) Peg (α) And	γ Peg	γ Peg
25	Revatī	1	1	1	1	32	Boat*	(ε, (α, ζ)) Psc	ε Psc	ζ Psc (α And)
26	Aśvayuk	3	2	1	2	3	Horseneck	(α, β, γ) Ari	β Ari	β Ari
27	Bharanī	3	3	3	3	3	Bhaga (Perineum)	(35, 39, 41) Ari	41 Ari	41 Ari
		83	82	78	82	222				

The **Sun** completes one circuit in **366 days** in **clockwise** direction

The **rtu-s** complete one circuit in ~**25,800 years** in **anticlockwise** direction

The Drift of the Seasonal Nakṣatras

- Video of ~2½ minutes shows,
- **Over millenia,**
 - the nakṣatra-s drift slowly due to precession
 - This change is used to date the ancient texts
- **Epochs of Ancient passages using Seasonal Nakṣatra-s**
 - Brahmāṇḍa Purāṇa (BP)
 - Vṛddagārgīya Jyotiṣa (VGJ)
 - Parāśaratantra (PT)
 - Maitrāyaṇīya Āraṇyaka Upaniṣat (MAU)
 - Nidānasūtra (NS)

Drift of the
Seasonal Nakṣatras

The Maghādi/dakṣināyaṇa epoch - BP, MAU, NS passages

The Maghādi/dakṣināyaṇa epoch

Brahmāṇḍa Purāṇa BP 21.143-149

- This BP passage defines visuvat to be of equal day and night duration of 15 muhūrtas each - equinox - in the mid of vasanta and śarat ṛtus.
- The passage further states the nakṣatra location at an aṃsa grain for equinoctial sun and moon at spring and autumn equinoxes.
- It turns out the sun and moon locus at each of the equinox are diametrically opposite - at 1/4 kṛttikā and 3/4 viśākhā, indicating the description are of the **equinoctial full moon**.

शरद्वसंतयोर्मध्ये मध्यमां गतिमास्थितः । अतस्तुल्यमहोरात्रं करोति तिमिरापहः ॥

हरिताश्च हया दिव्यास्तस्य युक्ता महारथे । अनुलिप्ता इवाभान्ति पद्मरक्तैर्गभस्तिभिः ॥

मेषान्ते च तुलान्ते च भास्करोदयतः स्मृताः । मुहूर्त्ता दश पञ्चैव अहो रात्रिश्च तावती ॥

कृत्तिकानां यदा सूर्यः प्रथमांशगतो भवेत् । विशाखानां तदा ज्ञेयश्चतुर्थांश निशाकरः ॥

विशाखानां यदा सूर्यश्चरतेशं तृतीयकम् । तदा चन्द्रं विजानीयात्कृत्तिकाशिरसि स्थितम् ॥

विषुवं तं विजानीयादेवमाहुर्महर्षयः । सूर्येण विषुवं विद्यात्कालं सोमेन लक्षयेत् ॥

समा रात्रिरहश्चैव यदा तद्विषुवं भवेत् । तदा दानानि देयानि पितृभ्यो विषुवेषु च ॥

Maitrāyaṇīya Āraṇyaka Upaniṣat MAU 6.14

- The year commences in Maghādi (at dakṣiṇāyana).
- A year has 12 parts and each part has 9 amṣa.
- The year's first half , Āgneya, is from **Maghādi** to Śraviṣṭhārdha and
- The second half , Vāruṇa, is from Sārpādi to Śraviṣṭhārdha in reverse order.

सूर्यो योनिः कालस्य तस्य एतद्रूपं ।
यन्निमेषादि कालात्संभृतं द्वादशात्मकं वत्सरम् ।
एतस्याग्नेयमर्धमर्धं वारुणम् ।
मघाद्यं श्रविष्ठार्धमाग्नेयं क्रमेणोत्क्रमेण सार्पाद्यं श्रविष्ठार्धान्तं सौम्यम् ।
तत्र एकमात्मनो नवांशकं सचारकविधम् ।

Nidānasūtra NS 5.12

- Sun traverses 13 and an additional 5/9 ahorāṭras in each nakṣatra.
- To cover 27 nakṣatras the sun takes 366 ahorāṭras/days.

स एष नाक्षत्रः आदित्यसंवत्सरो । सः एषः नाक्षत्रः आदित्यसंवत्सरः ।
आदित्यः खलु शश्वदेतावद्भिरहोभिर्नक्षत्राणि समवैति । आदित्यः खलु शश्वत् एतावन्मिः अहोर्भिः नक्षत्राणि समवैति ।
त्रयोदशाहं त्रयोदशाहमेकैकं नक्षत्रमुपतिष्ठति । त्रयोदशाहं त्रयोदशाहम् एकैकं नक्षत्रम् उपतिष्ठति ।
अहस्तृतीयं च नवधा कृतयोरहोरात्रयोर्द्वे द्वे कले चेति संवत्सराः । अहः तृतीयं च नवधा कृतयोः अहोरात्रयोः द्वे द्वे कले चेति संवत्सराः ।
ताश्चत्वारिंशच्चतुःपञ्चाशतं कलाः । ताः चत्वारिंशत् चतुःपञ्चाशतं कलाः ।
ते षण्णववर्गाः सषट्षष्टिर्त्रिशतः ॥ ते षट् नव वर्गाः सः षट्षष्टिः त्रिशतः ॥

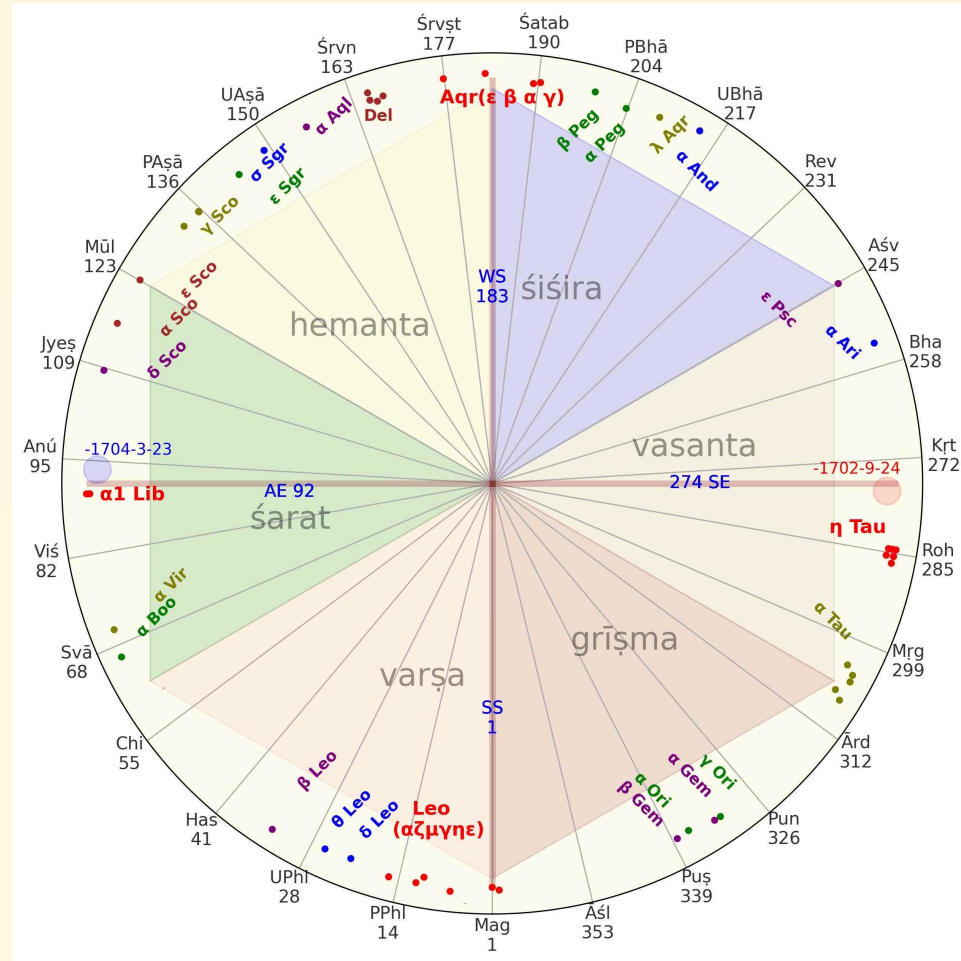
The Epoch of Brahmāṇḍa Purāṇa passages 21.143-149

- Video of ~1½ minutes shows,
- **The BP** verses specify the spring and autumnal equinoctial full moons at 1/4 Kṛttikā and 3/4 Viśākhā nakṣatras.
- This places these observations to ~1800BCE (± 100 years)

Epoch of **Brahmāṇḍa Purāṇa** passages
using 2 **Seasonal Nakṣatras**
and 2 **Equinoctial Full Moons**

Nakṣatra Chart 1800BCE (± 100) - Maghādi epoch

- The *equinoctial full moons of BP*
 - $\frac{1}{4}$ kṛttikā sector
 - $\frac{3}{4}$ viśākhā sector
 - SE-AE axis of the chart
- *aligns with maghādi of MAU*
 - when maghādi (SS 1) is at
 - start of dakṣiṇāyana
- *around 1800 BCE (± 100)*

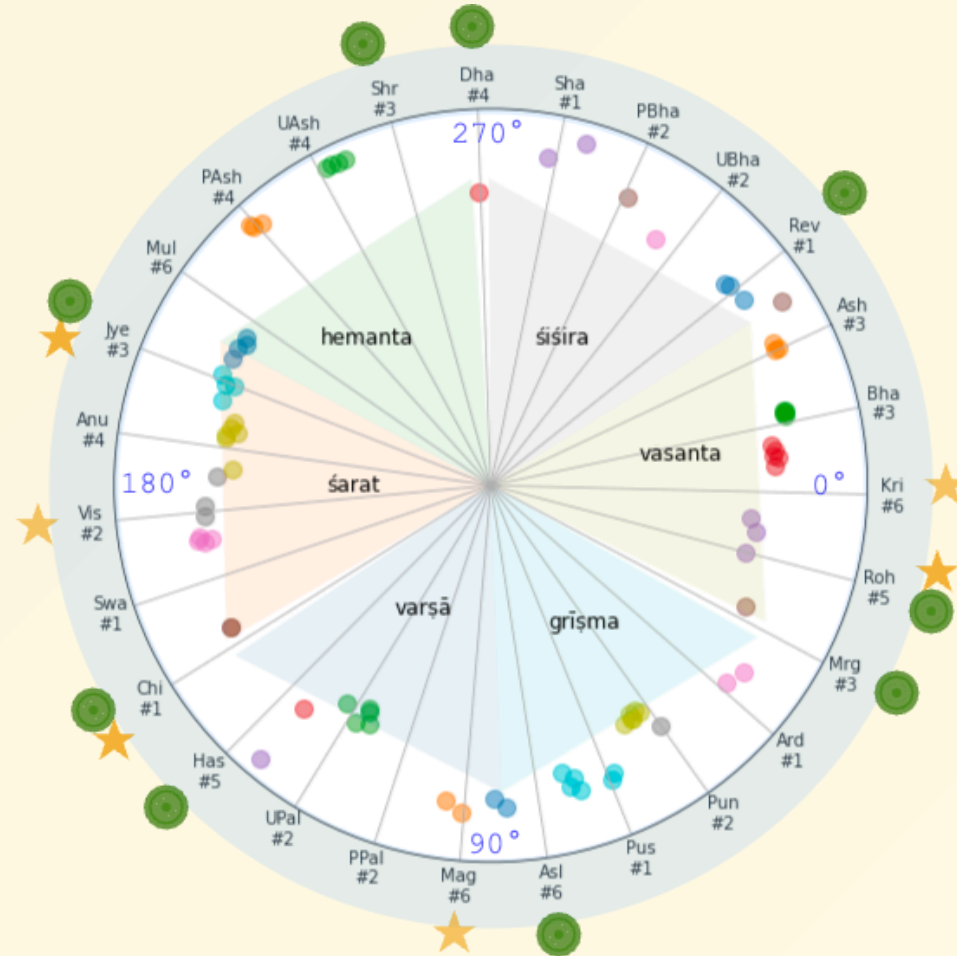


The Śraviṣṭhādi/uttarāyaṇa epoch - VGJ/11 and PT passages

Śraviṣṭhādi/ uttarāyaṇa epoch - VGJ/11 Ādityachāra and Parāśharatantra

- Ādityachāra, section 11 of VGJ, describes the transit of Sun through 9 seasonal nakṣatras .
- Similar information is presented in PT in prose.
- The Ādityachāra passage is shown below.
- Passage maps 6 ṛtus mapped to 9 seasonal nakṣatras
- Mapping enables passage dating

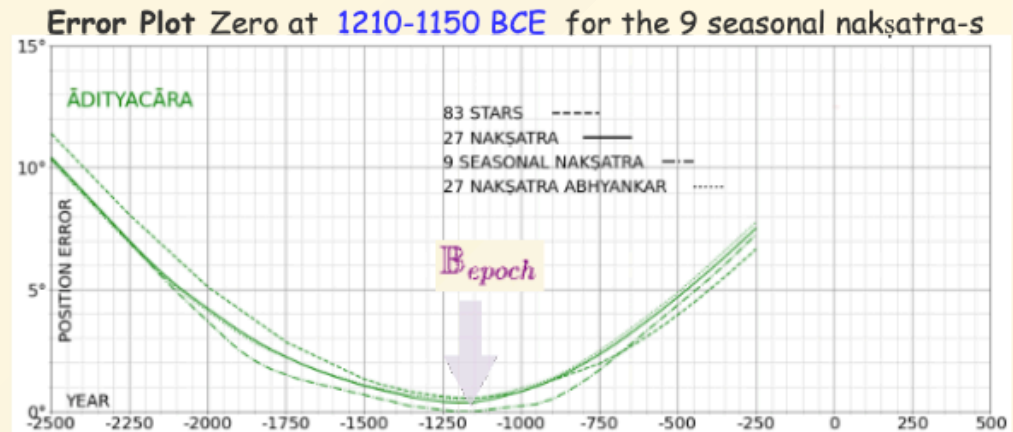
Verse	From	Ṛtu	Span
श्रविष्ठादीनि चत्वारि पौष्णार्धञ्च* दिवाकरः । वर्धयन् सरसस्तिक्तं मासौ तपति शैशिरे ॥ 47	श्रविष्ठा begin	रेवती mid	शिशिर
रोहिण्यन्तानि विचरन् पौष्णार्धाद्याच्च भानुमान् । मासौ तपति वासन्तौ कषायं वर्धयन् रसम् ॥ 48	रेवती mid	रोहिणी end	वसन्त
सार्पार्धान्तानि विचरन् सौम्याद्यानि तु भानुमान् । ग्रेष्मिकौ तपते मासौ कटुकं वर्धयन् रसम् ॥ 52	मृगशिरा begin	आश्लेषा mid	ग्रीष्म
सावित्रान्तानि विचरन् सार्पार्धाद्यानि भास्करः । वार्षिकौ तपते मासौ रसमम्लं विवर्धयन् ॥ 53	आश्लेषा mid	हस्ता end	वर्षा
चित्रादीन्यथ चत्वारि ज्येष्ठार्धञ्च दिवाकरः । शारदौ लवणाख्यं च तपत्याप्याययन् रसम् ॥ 54	चित्रा begin	ज्येष्ठा mid	शरद्
ज्येष्ठार्धादीनि चत्वारि वैष्णवान्तानि भास्करः । हेमन्ते तपते मासौ मधुरं वर्धयन् रसम् ॥ 55	ज्येष्ठा mid	श्रवण end	हेमन्त



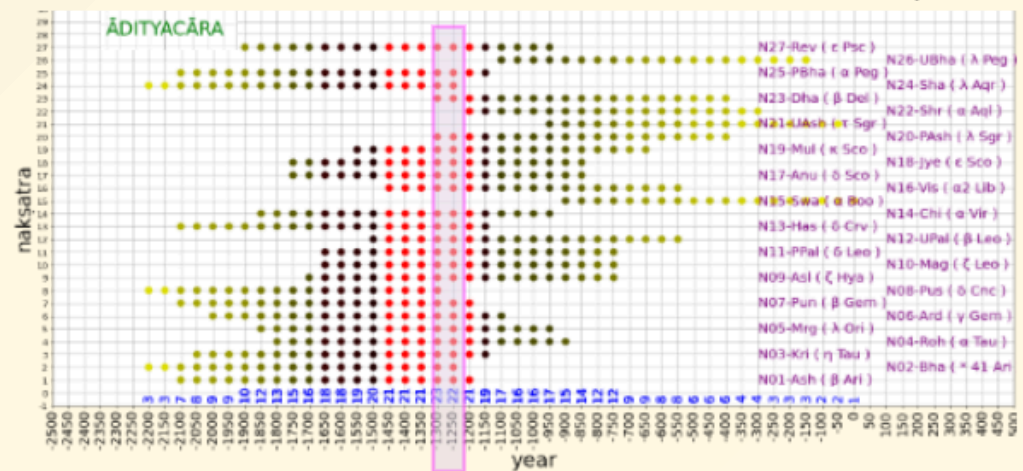
Finding Epoch Using	★ 6 bright stars	1350–1130 BCE
	● 9 seasonals nakṣatra-s	50 years
	27 proxy stars	around 1250 BCE
	83 constituent stars	

Dating Ādityachāra - by minimizing error

- The text specifies 9
seasonal nakṣatra-s
- For each epoch from -2500
to 500 in 50 year steps
 - Measures an **error** of the 9
nakṣatra-s from their
prescribed season
 - The epoch with **lowest
error** is the best epoch
 B_{epoch}



Containment Plot - Maxima at ~ 1250 BCE for the 27 nakṣatra-s



The Epoch of Ādityachāra passages in VGJ & PT

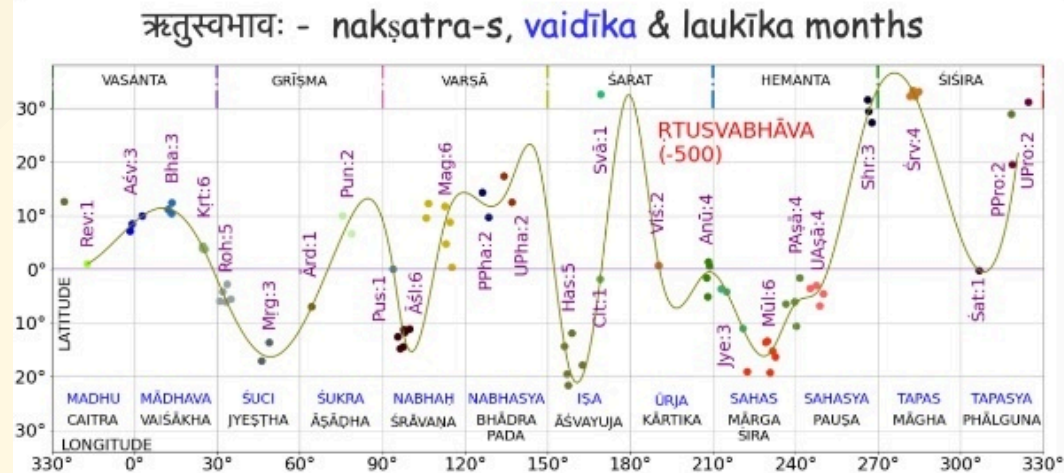
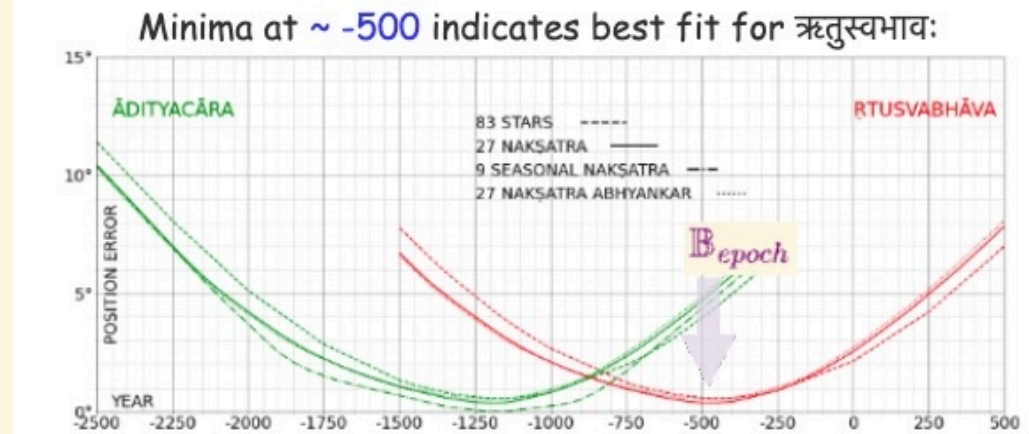
- Video of ~1½ minutes shows,
- **The PT and VGJ** verses that specify 9 seasonal nakṣatras
- This information places these observations to ~1300BCE (± 100 years)

Epoch of **Ādityacāra** passages in
Parāśaratantra & Vṛddha-Gārgīya Jyotiṣa
using their 9 Seasonal Nakṣatras

The Śravaṇādi/uttarāyaṇa epoch - VGJ/59 Ṛtusvabhāva

The Śravaṇādi epoch - VGJ/59 Ṛtusvabhāva

- R̥tusvabhāva dates to ~**500 BCE**
- This is different from आदित्यचारः
 - R̥tu sequence begins with वसन्त not शिशिर
 - R̥tu are related to months, not *nakṣatra* span & boundaries
 - A 12 month **solar zodiac**, obviating intercalation, emerges
- It describes Sun's path through
 - 6 seasons and their months
 - 12 **vaidika** and equivalent **laukika** months and 12 *nakṣatra-s* for each of these months - ~30° apart



The Epoch of VGJ Ṛtusvabhāva passages

- Video of ~1½ minutes shows,
- **The VGJ** verse information that specify 12 seasonal nakṣatras
- This information places these observations to ~500BCE (± 100 years)

Epoch of **Ṛtusvabhāva** passages in
Vṛddha-Gārgīya Jyotiṣa
using 12 Seasonal Nakṣatras

A chronology of Solar transits

Epoch	Scheme	Start	Season
earlier	2 Ayana/6 Ṛtu based sun transit		
~1800 BCE	MAU/BP Equinoctial full moon scheme	Maghādi	dakṣināyaṇa
~1300 BCE	VGJ/ādityacāra and PT with <i>4½ nakṣatra-s</i> per season	Śraviṣṭhādi	uttarāyaṇa
~500 BCE	VGJ/ṛtusvabhāva with <i>12 solar months</i>	Śravaṇādi <i>Revatyādi</i> <i>Bharaṇyādi</i>	uttarāyaṇa <i>vasanta</i> <i>spring equinox</i>

Solar zodiac is certainly part of original Indian knowledge - that has been recorded and evolved over time.

Q & A

References

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6	<u>Equinoctial full moon of the Brahmāṇḍa Purāṇa and the nakṣatra</u>	Iyengar R.N. and Chakravarty, S (2023)
7	<u>Transit of sun through the seasonal nakṣatra cycle in the Vṛddha-Gārgīya Jyotiṣa, Indian Journal of History of Science 56:159-170.</u>	Iyengar R.N. and Chakravarty, S (2021)
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Backup Slides from Here

Ayana, Rtu, Nakṣatra, Precession

view of sunrise	surise location	sunrise (day) count
	north east	1
	true east	92
	south east	183
	true east	274
	north east	367 1 of next cycle

From these MAU, NS and BP passages

1. Sun spends *13 and 5/9 days equally* with each nakṣatra of 4 amṣa . The sun completes one trip through the 27 nakṣatras in 366 days
2. The *sun is at Maghā di at start of dakṣiṇā yana*. (Further Mahāsaliaṃ chapter of Vṛddagārgīya Jyotiṣa (VGJ) states Maghā to be the first among the solar nakṣatras.)
3. The equality of the 27 nakṣatras and the start of sequence at at Maghā help allocate the day numbers to each nakṣatra sector.
4. The **BP** verses specify the spring and autumnal equinoctial full moons at $1/4$ Kṛttikā and $3/4$ Viśākhā nakṣatras. This information enables us to date the verses.
5. We mark the **Kṛttikā and Viśākhā sectors** such that equinoxes are at $1/4$ kṛttikā and $3/4$ viśākhā.
6. We collect the **visible Kṛttikā(η Tau) and Viśākhā(α Lib)** longitudes adjusted for precession from 2400BCE to 0BCE.
7. We programatically collect all full moon longitudes that occur near the equinoxes from 2400BCE to 0BCE, using astropy library. There are about 7 such events each century for each equinox. *The equinoctial full moons are marked in the chart that follows.*

A tech note - Collecting full moons programatically

The **Astropy** library, that uses **Meeus algos**, is used to collect the full moon longitudes **programmatically**.

1. Start at an ancient date - 2400-03-21 BCE
2. Computed the full moon longitude for the date
3. If sun and moon longitudes are within $180^\circ + \epsilon$
-- a FM found, collect it
-- step up the date by 28 days and repeat
4. If not nudge the date by difference of sun and moon longitudes
5. Repeat 2 onwards till 0 BCE

Meeus, J., *Astronomical Algorithms*, 2nd ed, p337, p357

$$\lambda_{\text{moon}} = 218.3164477 + 481267.88123421T - 0.0015786T^2$$

$$+ \frac{1}{538,841} T^3$$

$$- \frac{1}{65,194,000} T^4$$

$$+ \frac{1}{1,000,000} \sum l$$

$$T = \frac{FMJD - 2451545.0}{36525}$$

FMJD is Julian Day number of Full Moon

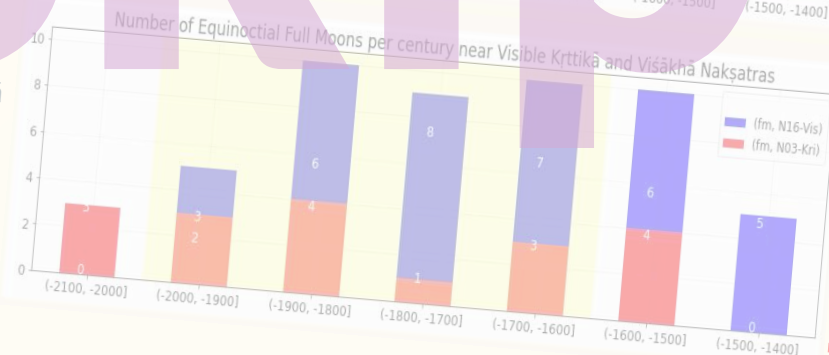
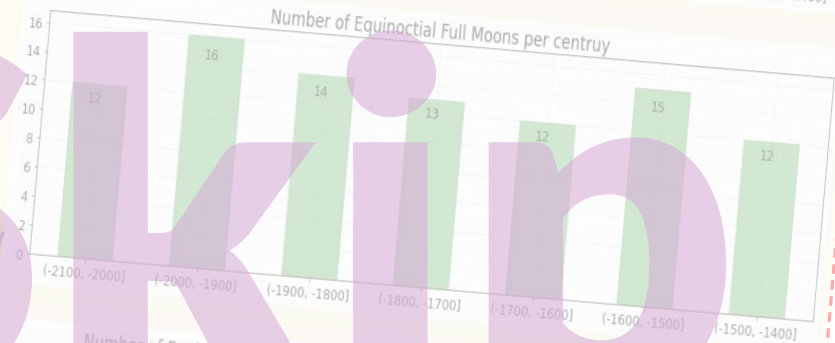
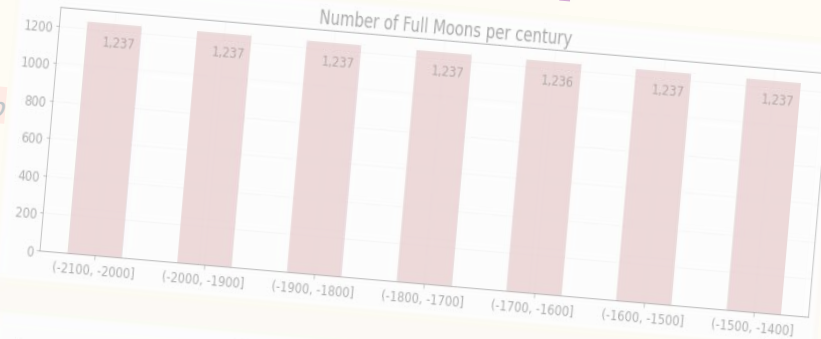
```

1 from astropy.coordinates import get_moon, get_sun, GeocentricTrueEcliptic
2 from astropy.time import Time
3
4 def collect_full_moons():
5     jd = Time(808032.5, format='jd') # start scanning from '-2500-03-21 00:00'
6     full_moons = []
7     while jd.to_value("decimalyear") < -200: # scan until '-200-01-01 00:00'
8         while True:
9             # get sun moon co-ords for the date jd
10            moon, sun = (
11                x.transform_to(GeocentricTrueEcliptic())
12                for x in (get_moon(jd), get_sun(jd))
13            )
14
15            # phase seperation of sun and moon
16            sep = (sun.lon.deg - moon.lon.deg) % 360
17
18            tol = .5 # tolerance in degrees for detecting full moon
19
20            # full moon detected
21            if 180-tol < sep < 180+tol:
22                full_moons.append([jd.iso, jd.jd, sun.lon.deg, moon.lon.deg])
23                if "TRACE": # output trace messages--
24                    jd = jd + 28.0 # advance to just prior to next full moon
25                    break
26
27            # no full moon detected, advance to a date closer to the next
28            delta_days_to_180 = (sep-180)*29.530588853/360
29            jd = jd + delta_days_to_180
30
31            return full_moons
32
33 full_moons = collect_full_moons()
34
35
36
37
38
39
40

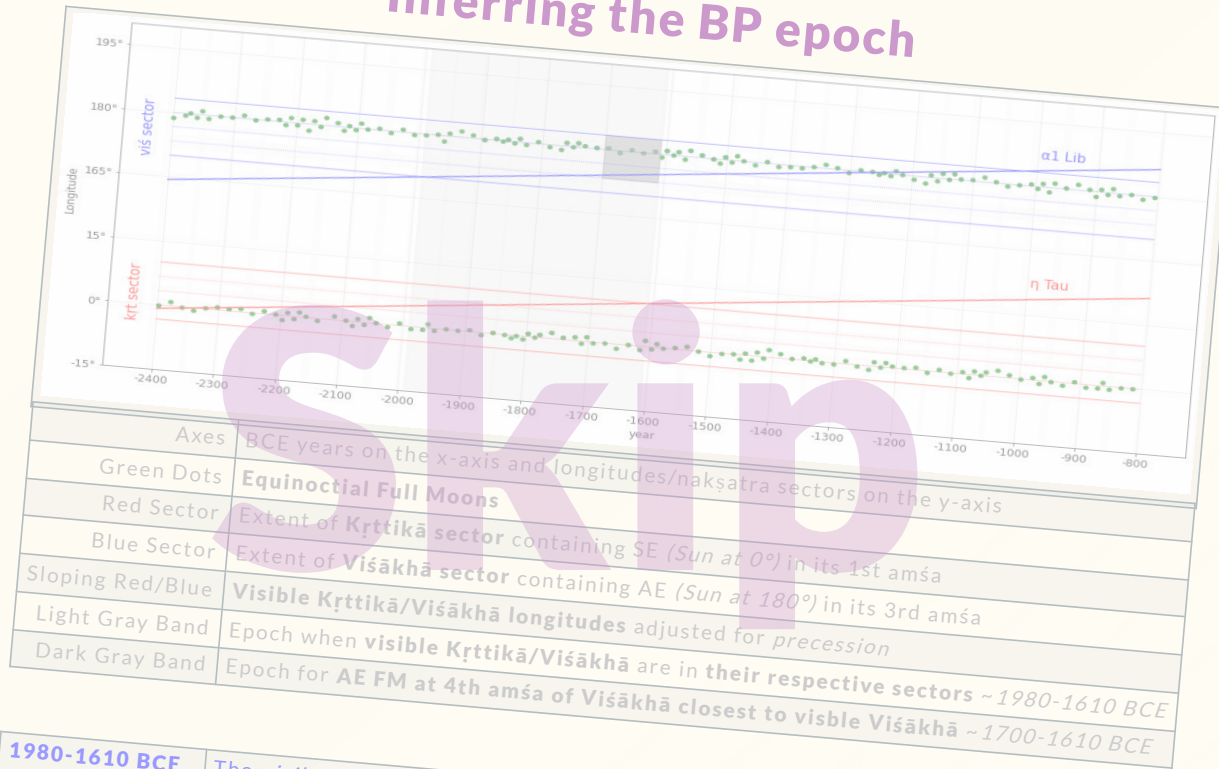
```

Computing the information of BP

- Get full moon timeseries from 2400BCE to 800BCE. There are about **1237 FM per century** - the top chart
- The series is then filtered for **Equinoctial Full Moons** - the mid chart
- The series is further filtered for **EFM near $\kappa\tilde{r}ttik\tilde{a}$ and $\nu\tilde{s}\tilde{a}kh\tilde{a}$** - the bottom chart
- The **yellow region** shows the epoch when the visible $\kappa\tilde{r}ttik\tilde{a}$ and $\nu\tilde{s}\tilde{a}kh\tilde{a}$ are contained in their respective sectors - **2000BCE to 1600BCE**

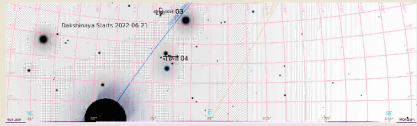
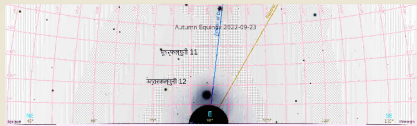
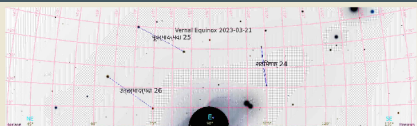


Inferring the BP epoch



1980-1610 BCE	The visible Kṛttikā & Viśākhā are contained in their respective sectors
1700-1610 BCE	The equinoctial FM at ¼ viśākhā sector is nearest to visible viśākhā
Maghādi scheme	The Maghādi scheme of MAU is consistent with the equinoctial full moon scheme of BP

Assuming the dakṣiṇāyana point to be the day 1 of the 366 day cycle, the following table shows the day number of the start of each ṛtu and ayana.

day num	ṛtu	ayana	equinox/ solstice	sunrise image as seen by an observer
1	varṣā start	dakṣiṇāyana start	summer solstice	 sun rises north east
62	śarad start	dakṣiṇāyana	-	-
92	śarad mid	viṣuvat	autumn equinox	 sun rises true east
123	hemanta start	dakṣiṇāyana	-	-
183 184	śiśira start	dakṣiṇāyana end uttarāyaṇa start	winter solstice	 sun rises south east
245	vasanta start	uttarāyaṇa	-	-
274	vasanta mid	viṣuvat	spring equinox	 sun rises true east
306	grīṣma start	uttarāyaṇa	-	-
366	grīṣma-end	uttarāyaṇa end dakṣiṇāyana start	summer solstice	 sun rises north east

Sun's annual cycle

- The sunrise point at horizon moves/swings from
 - north east to south east called **dakṣiṇāyana**
 - back to same north east called **uttarāyaṇa**
- **366 sunrises** makes a cycle - a solar year
- The sunrises are associated with specific background stars called **nakṣatra-s**



Sun and Nakṣatras

We noted that each of the 366 sunrises occurs at different points on the eastern horizon due to the sun's swing. In addition, the stars that are visible just prior to each sunrise at the sunrise point also change. The stars that are visible just prior to sunrise are said to belong to the nakṣatra of that day.

During uttarāyaṇa and dakṣiṇāyaṇa the sun seems to rise at a stationary point for about 14 days. The stars visible prior to sunrise for these two stationary points define the sector/span of a nakṣatra - of about 14 days - more precisely $13\frac{5}{9}$ days.

A nakṣatra is a span of time of about 14 days and contains the stars that are visible at sunrise in its time span. There are 27 such equal nakṣatra spans in a 366 day cycle. Each of the 27 nakṣatra while of equal time span contains varying counts of stars - between 1 and 6 - totaling 83 stars. The 27 nakṣatra are named in a fixed cyclical order.

The current order starting from Aśvinī along with their star count listed below, is an inherited order from around 1500 years ago. The order of the nakṣatra begins with Kṛttikā and ends with Revatī in more ancient texts.

Aśvinī 3	Bharaṇī 3	Kṛttikā 6	Rohiṇī 5	Mṛgaśīras 3	Ārdrā 1	Punarvasu 2	Puṣya 1	Aśleṣā 6
Maghā 6	Pūrva Phalgunī 2	Uttara Phalgunī 2	Hasta 5	Citrā 1	Svātī 1	Viśākhā 2	Anurādhā 4	Jyeṣṭhā 3
Mūla 4	Pūrva Aṣāḍhā 4	Uttara Aṣāḍhā 4	Śravaṇa 3	Śraviṣṭhā 4	Śatabhiṣā 1	Pūrva Bhādrapadā 2	Uttara Bhādrapadā 2	Revatī 1

The choice of the first nakṣatra to start the cycle contains information on the epoch and the convention for the year start.

There are texts that associate specific nakṣatras with the ṛtus - seasonal nakṣatras . Such seasonal nakṣatras also contain vital information on the epoch of the text.

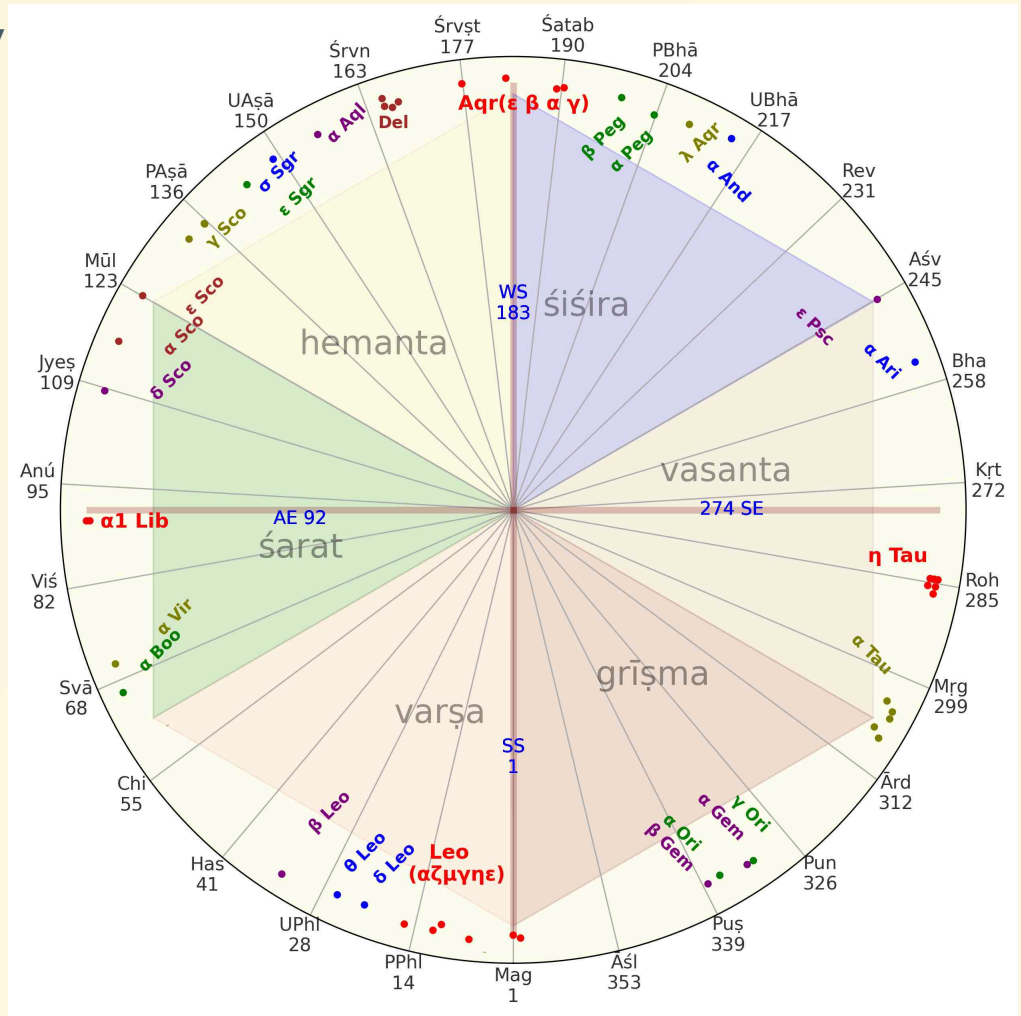
Nakṣatra-s starting from Maghā at day 1

In this Maghādi epoch day 1 of dakṣiṇāyana is at Maghā start.

- The sun traverses through the 27 nakṣatras in order and returns to Maghā start at the end of the 366 day cycle.
- The 1st and 367th sunrise are at
 - the same nakṣatra/star - Maghā/ε-Leonis
 - the same point on the horizon and

Over 100's of years,

- the nakṣatra/star to shift by about 1 day in about 72 years.
- This shift is called the ayanāṃśa/precession.



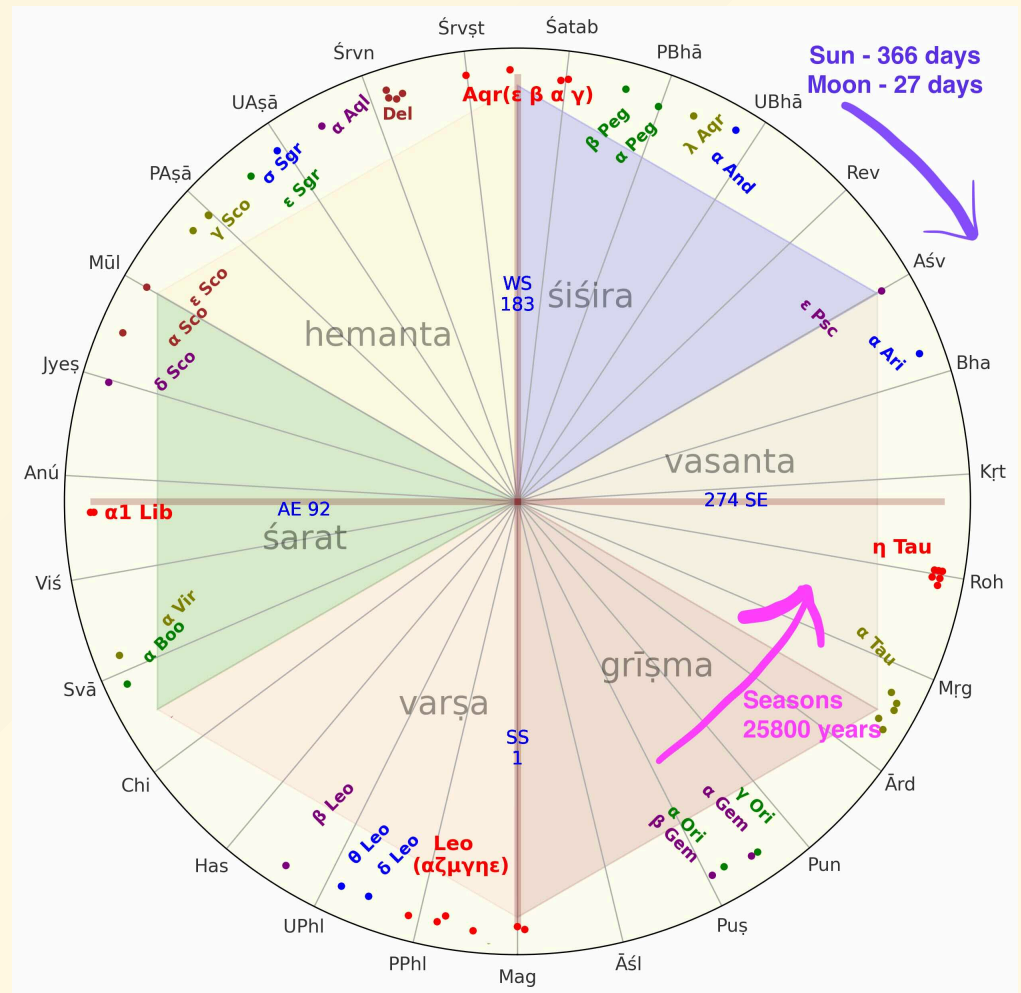
Precession and its effects

We see the start of Maghā nakṣatra on day 1 of dakṣiṇāyana in the chart above. This is true for a certain epoch. After about a 1000 years, the start of Maghā nakṣatra will be on day 14 of dakṣiṇāyana. Equivalently day 1 of dakṣiṇāyana will move to Āśleṣā start.

*The precession is a slow process and takes about 25,800 years to complete one cycle. That is the sunrise point will return to the same nakṣatra/star for the same ṛtu after **25,800 years**.*

Precession causes the seasonal nakṣatras to drift with time. Many ancient text associate nakṣatras with seasons - this association contains vital information on the epoch of the text.

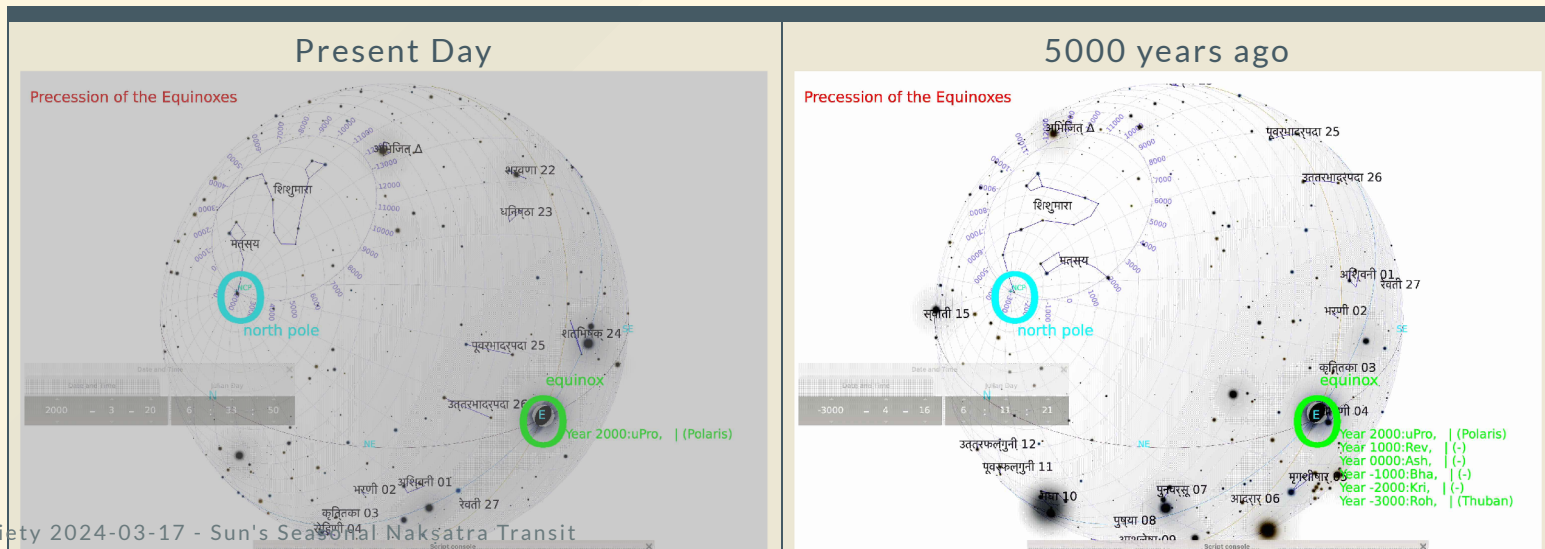
The direction of precession is opposite to the direction of the sun's annual transit through the nakṣatras. Incidentally the moon also transits through the nakṣatras in the same direction as the sun. The moon's transit through the nakṣatras is called the lunar month of about 27 days.



Effect of precession over millennia

- About every 1000 years the start of season move backwark by one naṣatra. In addition the precession causes the pole star to change.
- The following table/pictures shows the start of the spring equinox seasonal naṣatra and the pole star for the last 5000 years.

Epoch	Spring Equinox	Dakṣiṇāyana	Uttarāyāna	Pole Star
Present	Uttara Bhādrapadā	Ārdrā	Mūla	Polaris
1000 years ago	Revatī	Punarvasu	Pūrva Aṣāḍhā	-
2000 years ago	Aśvinī	Puṣya	Uttara Aṣāḍhā	-
3000 years ago	Bharanī	Aśleṣā	Śravaṇa	-
4000 years ago	Kṛttikā	Maghā	Śraviṣṭhā	-
5000 years ago	Rohiṇī	Pūrva Phalgunī	Śatabhiṣā	Thuban



Precession over 5000 years

Precession of the Equinoxes

